

European Team Championships

1st League in Bergen/NOR

20-21 June 2009



Saturday, 20 June

12.30 "TINESTAFETTEN"
Local relay for school teams
13.30 Hammer Throw (M)
13.30 Pole vault (W)
14.00 OPENING CEREMONY
14.15 Hammer Throw (M) Final attempts
14.20 400m H (W) Race 1
14.27 400m H (W) Race 2
14.30 Triple Jump (W)
14.38 400m H (M) Race 1
14.45 400m H (M) Race 2
14.45 Discus Throw (W)
14.55 100m (W) Race 1
15.05 100m (W) Race 2
15.15 Triple Jump (W) Final attempts
15.20 100m (M) Race 1
15.30 100m (M) Race 2
15.35 Discus Throw (W) Final attempts
15.43 800m (W)
15.45 Shot Put (M)
15.50 3000m (W)
15.50 High Jump (M)
16.00 Long Jump (M)
16.05 400m (W) Race 1
16.15 400m (W) Race 2
16.25 Shot Put (M) Final attempts
16.30 400m (M) Race 1
16.35 Javelin Throw (W)
16.40 400m (M) Race 2
16.45 Long Jump (M) Final attempts
16.50 5000m (M)
17.10 1500m (M)
17.20 3000m S/C (W)
17.30 Javelin Throw (W) Final attempts
17.35 4 x 100m (W) Race 1
17.42 4 x 100m (W) Race 2
17.50 4 x 100m (M) Race 1
17.57 4 x 100m (M) Race 2

Sunday, 21 June

13.00 Hammer Throw (W)
13.00 Pole Vault (M)
13.45 Hammer Throw (W) Final attempts
13.50 OPENING SPEECH
13.55 Triple Jump (M)
14.00 Shot Put (W)
14.00 110m H (M) Race 1
14.10 110m H (M) Race 2
14.20 800m (M)
14.35 1500m (W)
14.40 Triple Jump (M) Final attempts
14.45 Shot Put (W) Final attempts
14.50 Discus Throw (M)
14.50 3000m S/C (M)
15.02 200m (W) Race 1
15.10 200m (W) Race 2
15.10 High Jump (W)
15.20 200m (M) Race 1
15.30 200m (M) Race 2
15.35 Discus Throw (M) Final attempts
15.40 5000m (W)
15.45 Long Jump (W)
16.00 100m H (W) Race 1
16.05 Javelin Throw (M)
16.10 100m H (W) Race 2
16.20 3000m (M)
16.32 Long Jump (W) Final attempts
16.37 4 x 400m (W) Race 1
16.45 4 x 400m (W) Race 2
16.50 Javelin Throw (M) Final attempts
16.55 4 x 400m (M) Race 1
17.05 4 x 400m (M) Race 2
17.30 Closing Presentation/Ceremony

This timetable is in line with the new format of the event and foresees time windows for the final attempts of the 4 best athletes in each field event.

For the races up to 400m inclusively the distribution of athletes per heat and allocation of lanes will be based on the athletes' best available performance. The ranking for the purpose of the distribution per heats will be as follows: 2009 season best, 2008 season best and personal best.

For the relays the teams' distribution per heat will be according to the teams scoring standings 1 (one) hour before the scheduled hour for the event. The best scored teams will compete in the same heat which shall be the last event of the session of track events.