

EAP MALTA 2018 – Provisional Time table

4th May 2019

Men: 100m, 200m, 400m, 110mh, 800m, 3km SC, 5Km, Long Jump, Triple Jump, Javelin, Shot Put, Discus, 4x100m Relay

Women: 100m, 200m, 400m, 100mh, 800m, 3km SC, 5Km, Long Jump, Triple Jump, Javelin, Shot Put, Discus, 4x100m Relay

Youths: 100m, 400m, 800m, Long Jump, High Jump

Time	Track			Jumps			Throws		
11.30				Long Jump	Y	B+G			
12.00	3KM SC	O	M						
12.20	3KM SC	O	W				Discus	O	M,W
12.45	110MH	O	M						
13.00	100MH	O	W						
13.20	100m	O	M						
13.27	100m	O	M						
13.34	100m	O	M	Triple Jump	O	M			
13.41	100m	O	M						
13.48	100m	O	M						
13.55	100m	O	W						
14.02	100m	O	W						
14.09	100m	O	W						
14.16	100m	O	W						
14.23	100m	O	W	High Jump	Y	B, G			
14.30	Medal Ceremony								
14.45	100m	Y	B						
14.52	100m	Y	B				Javelin	O	M, W
14.59	100m	Y	G						
15.06	100m	Y	G						
15.13	800m	Y	B	Triple Jump	O	W			
15.23	800m	Y	G						
15.33	800m	O	M						
15.43	800m	O	W						
15.55	100m Final	O	M						
16.05	100m Final	O	W						
16.15	400m	Y	B						
16.23	400m	Y	G						
16.30	Medal Ceremony								
16.45	400m	O	M						
16.53	400m	O	M	Long Jump	O	M			
17.01	400m	O	W						
17.09	400m	O	W						
17.25	200m	O	M				Shot Put	O	M, W
17.33	200m	O	M						
17.41	200m	O	M						
17.49	200m	O	W						
17.57	200m	O	W						
18.05	200m	O	W	Long Jump	O	W			
18.25	4x100m Rel.	O	M						
18.40	4x100m Rel.	O	W						
19.00	5000m	O	M, W						
19.45	Medal Ceremony								

Throws	Jumps
<ul style="list-style-type: none"> • 3 Trials for all Participants 	<ul style="list-style-type: none"> • 3 Trials for all Participants
<ul style="list-style-type: none"> • Another 3 trials for top 6 	<ul style="list-style-type: none"> • Another 3 trials for top 8
	<ul style="list-style-type: none"> • Youths High Jump – disqualification after 3 consecutive failures

Notes about entries:	
Entries Open on:	
Entries Close on:	20 th April 2019
Entry system	www.eapmalta.com
Competition Manual	
Minimum Entries	The organisers reserves the right to cancel an event should less than 4 athletes register for the particular event.

Notes about Age-Groups			
Open	Senior		Born 1996 and before
Open	Under-23	U23	Born 1997 and 1999
Open	Junior	U20	Born 2000 and 2001
Open	Intermediate	U18	Born 2002 and 2003
	Youth	U16	Born 2004 and 2005