

COMPETITION SCHEDULE - FRIDAY 1 MARCH

Session 1 - Morning			Session 2 - Evening				
10:05	60m Hurdles - Pentathlon	Women	Heats	18:40	Opening Ceremony		
0:20	400m	Women	Round 1	19:05	1500m	Women	Round 1
0:55	High Jump - Pentathlon	Women		19:15	Long Jump - Pentathlon	Women	
:00	400m	Men	Round 1	19:41	High Jump	Women	Final
:06	Shot Put	Women	Final	19:45	60m	Men	Semi-Fir
:40	60m	Men	Round 1	20:10	1500m	Men	Round 1
2:40	800m	Women	Round 1	20:20	Shot Put	Men	Final
3:20	Shot Put Pentathlon	Women		20:50	400m	Women	Semi-Fir
:25	800m	Men	Round 1	21:10	400m	Men	Semi-Fir
				21:30	800m - Pentathlon	Women	Final
				21:45	60m	Men	Final

COMPETITION SCHEDULE - SATURDAY 2 MARCH

	Session 3 - M	lorning			Session 4 -	Evening	
10:00	Long Jump	Men	Final	19:05	Pole Vault	Women	Final
10:10	60m Hurdles	Men	Round 1	19:10	60m Hurdles	Men	Semi-Final
1:00	60m - Heptathlon	Men	Heats	19:30	High Jump - Heptathlon	Men	
11:20	60m	Women	Round 1	19:40	Triple Jump	Men	Final
2:10	800m	Women	Semi-Final	19:45	60m	Women	Semi-Final
2:15	Long Jump - Heptathlon	Men		20:15	3000m	Women	Final
2:30	800m	Men	Semi-Final	20:40	3000m	Men	Final
3:35	Shot Put - Heptathlon	Men		21:00	400m	Women	Final
				21:10	400m	Men	Final
				21:30	60m Hurdles	Men	Final
				21:45	60m	Women	Final

COMPETITION SCHEDULE - SUNDAY 3 MARCH

	Session 5 - M	orning			Session 6	- Evening
10:05	60m Hurdles - Heptathlon	Men	Heats	19:00	Pole Vault	Men
10:18	Triple Jump	Women	Final	19:15	Long Jump	Women
10:25	60m Hurdles	Women	Round 1	19:40	60m Hurdles	Women
11:10	4 x 400m Relay	Men	Round 1	20:15	4 x 400m Relay	Men
11:15	Pole Vault - Heptathlon	Men		20:30	4 x 400m Relay	Women
11:38	4 x 400m Relay	Women	Round 1	20:45	1000m - Heptathlon	Men
11:50	High Jump	Men	Final	21:00	60m Hurdles	Women
				21:10	800m	Men
				21:20	800m	Women
				21:30	1500m	Men
				21:45	1500m	Women

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