



**Provisional Timetable** (as of 21.12.2023)

Saturday, 09 March 2024				
Time	Event	Gender	Category	Venue
10:00	Hammer	M	U23	NTC
10:00	Javelin	W	U23	MS
11:50	Shot Put	W	U23-A	NTC
11:50	Shot Put	W	U23-B	NTC
12:15	Javelin	W	Senior-B	MS
12:25	Javelin	W	U23 Medal Ceremony	NTC
12:40	Hammer	M	Senior-B	NTC
12:50	Hammer	M	U23 Medal Ceremony	NTC
13:05	Shot Put	W	U23 Medal Ceremony	NTC
14:30	Javelin	W	Senior-A	MS
14:55	Hammer	M	Senior-A	NTC
16:30	Shot Put	W	Senior-A	NTC
16:30	Shot Put	W	Senior-B	NTC
16:55	Discus	M	Senior-B	MS
17:00	Javelin	W	Senior Medal Ceremony	NTC
17:10	Hammer	M	Senior Medal Ceremony	NTC
17:25	Discus	M	Senior-A	NTC
18:20	Shot Put	W	Senior Medal Ceremony	NTC
18:45	Discus	W	U23	MS
19:05	Discus	M	Senior Medal Ceremony	NTC

Sunday, 10 March 2024				
Time	Event	Gender	Category	Venue
09:30	Discus	M	U23	MS
10:00	Hammer	W	U23	NTC
11:10	Discus	W	U23 Medal Ceremony	NTC
11:20	Discus	M	U23 Medal Ceremony	NTC
11:20	Discus	W	Senior-B	MS
11:35	Shot Put	M	U23-A	NTC
11:35	Shot Put	M	U23-B	NTC
12:15	Hammer	W	U23 Medal Ceremony	NTC
12:30	Hammer	W	Senior-B	NTC
13:00	Shot Put	M	U23 Medal Ceremony	NTC
13:25	Javelin	M	Senior-B	MS
14:40	Hammer	W	Senior-A	NTC
15:25	Javelin	M	Senior-A	MS
16:00	Shot Put	M	Senior-A	NTC
16:00	Shot Put	M	Senior-B	NTC
16:40	Hammer	W	Senior Medal Ceremony	NTC
17:00	Discus	W	Senior-A	NTC
17:20	Javelin	M	U23	MS
17:30	Javelin	M	Senior Medal Ceremony	NTC
17:40	Shot Put	M	Senior Medal Ceremony	NTC
18:35	Discus	W	Senior Medal Ceremony	NTC
19:50	Javelin	M	U23 Medal Ceremony	NTC

**National Throwing Centre**  
Leiria Municipal Stadium

**NTC**  
**MS**